

LIFE AL DENTE

ANTIPASTI

| BRUSCHETTA ⊘ two pieces of toasted ciabatta bread, marinated tomatoes, garlic, basil | 5.95 |
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| BRUSCHETTA GAMBERETTI two pieces of toasted ciabatta bread, grilled king prawns, marinated tomatoes, garlic, basil | 7.95 |
| BRUSCHETTA MOZZARELLA two pieces of toasted ciabatta bread, buffalo mozzarella, basil pesto, marinated tomatoes, garlic, basil | 7.95 |
| GARLIC BREAD ⊘ drizzled with fresh garlic oil | 5.50 |
| GARLIC BREAD WITH CHEESE mozzarella and drizzled with fresh garlic oil | 6.45 |

SOUP

TOMATO SOUP O **SMALL 4.35 REGULAR 5.95** with our homemade ciabatta croutons or Italian hard cheese

INSALATA

| INSALATA MISTA PICCOLA ⊘ mixed leaf salad, cherry tomatoes, grated carrot | | 5.99 |
|---|---|-------|
| INSALATA CAPRESE cherry tomatoes, buffalo mozzarella, basil, rocket | Add Extra Tuna +2.50 | 9.50 |
| INSALATA REEF'N BEEF grilled fillet of beef and king prawns, grilled vegetables, | Chicken +2.75 King Prawns +3.00 Fillet Beef +3.25 | 12.95 |
| cherry tomatoes, spring onions, mixed leaves, | Salmon +3.00 | |

Italian hard cheese INSALATA MISTA DELLA CASA 10 WHEN ORDERED WITHOUT CHEESE our large mixed salad

INSALATA CESARE SMALL 10.25 REGULAR 12.95 grilled chicken, cos lettuce, homemade croutons, Italian hard cheese

PIZZA all our pizzas are available with vegan cheese +1.00

| MARGHERITA O tomato sauce, mozzarella | 9.75 |
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| TONNO Tuna, red onions, tomato sauce, mozzarella | 9.95 |
| PESTO CON SPINACI TO Fresh spinach, pesto cream sauce, marinated tomatoes, mozzarella | 9.75 |
| PROSCIUTTO E FUNGHI ham, mushrooms, tomato sauce, mozzarella | 11.75 |
| SALAME salami, tomato sauce, mozzarella | 11.35 |
| FUNCHI mushrooms, tomato sauce, mozzarella | 10.75 |
| BARBECUE CHICKEN chicken, barbecue sauce, red onions, smoked cheese, tomato sauce, mozzarella | 12.65 |
| DIAVOLO spicy Italian sausage, peppers, jalapeno, red onions, | 12.65 |
| tomato sauce, mozzarella CHICKEN SPEZIATO chicken, peppers, red onion, chilli flakes, jalapeno, tomato sauce, | 12.65 |
| mozzarella PICCANTE Spicy Italian sausage, marinated tomatoes, olives, fresh herbs, | 11.55 |
| tomato sauce, mozzarella CALZONE | 13.85 |

HANDMADE FRESH PASTA

| AGLIO E OLIO | 7.99 |
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| ARRABBIATA W WHEN ORDERED WITHOUT CHEESE tomato sauce, garlic, onions, chilli, Italian hard cheese | 9.35 |
| GAMBERETTI E SPINACI king prawns, onions, cream, Italian hard cheese, nutmeg, fresh spinach, cherry tomatoes, basil pesto | 12.75 |
| BOLOGNESE our classic beef sauce, onions, carrots, cherry tomatoes, tomato sauce, Italian hard cheese | 11.45 |
| VEGAN BOLOGNESE ⊘ plant-based 'Future Farm' mince, onions, carrots, cherry tomatoes, tomato sauce Add Extra Chicken +2.75 King Prawns +3.00 | 11.45 |
| COGNAC bacon, chicken, onions, spring onions, garlic, cognac, tomato sauce, cream, peas, Italian hard cheese | 13.15 |
| CHICKEN ALFREDO chicken, mushrooms, balsamic onions, garlic, cream, Italian hard cheese, egg yolk, nutmeg | 11.75 |
| CREMA DI FUNGHI ♥ ⊘ ALSO AVAILABLE AS VEGAN | 10.25 |
| mushrooms, balsamic onions, garlic oil, white wine, cream, butter, nutmeg, parsley, Italian hard cheese | |
| CARBONARA bacon, onions, cream, Italian hard cheese, egg yolk, parsley | 11.45 |
| SALMON CARBONARA salmon fillet, onions, cream, Italian hard cheese, egg yolk, parsley | 11.95 |
| FILETTO DI MANZO E RUCOLA beef fillet, rosemary, chilli, mushrooms, zucchini, carrots, balsamic onions, white wine, rocket, Italian hard cheese | 12.95 |
| PESTO BASILICO roasted pine nuts, our homemade basil pesto, Italian hard cheese | 10.45 |
| POMODORO E MOZZARELLA ♥ tomato sauce, balsamic onions, cherry tomatoes, mozzarella, Italian hard cheese | 10.75 |
| GAMBERETTI king prawns, cherry tomatoes, spring onions, tomato sauce, chilli, rosemary, lemon | 12.75 |
| POLLO PICCANTE chicken, pak choi, bell pepper, chili-orange sauce | 11.75 |

| CLASSIC LASAGNE beef Bolognese, bechamel sauce | 12.85 |
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| RISOTTO FUNGHI ♥ ✓ ALSO AVAILABLE AS VEGAN | 11.35 |

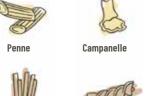
mushrooms, rosemary, balsamic onions, garlic oil, white wine, vegetable broth, cream, butter, Italian hard cheese, nutmeg, parsley

with Chicken 13.95 | with Fillet Beef 14.50 with King Prawns 14.25 | with Salmon 14.35

CHOOSE YOUR FAVOURITE PASTA

We make our own fresh pasta here every single day using premium durum wheat semolina and fresh water for a high protein pasta







Meal and drink for £6.95 please ask for a kids menu





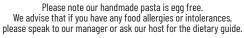


VERDURÉ 🔮



roasted vegetables, red onion, tomato sauce, mozzarella

ham, spicy Italian sausage, mushrooms, tomato sauce, mozzarella



10.75

8.95